



Awareness of Cosmetic Dermatology Procedures among Health Workers in a Tertiary Care Hospital

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Abstract

There is an upward thrust in cosmetic dermatological processes for the duration of the world, but its consciousness is restrained now not handiest in the preferred populace but additionally among the medical examiners.

Female respondents had been 66% and adult males were 34%. Of the full respondents, 39% had been clinical college students, 31% docs, 23% nurses, 6% OPD assistants, and 1% ward maids. Hinduism changed into practiced with the aid of 91% of the respondents. About 84.5% of topics had been aware about beauty dermatological procedures. Regarding the supply of records, 34.2% implicated textbooks. According to fifty three. Five% participants, cosmetic dermatological processes are completed via a dermatologist. Around fifty nine. Four% spoke back that they had been aware about many procedures together with botox injections, laser hair elimination, hair transplant, and chemical peeling; 51% have been privy to risks associated with strategies, including allergy, burns, and pigmentation; 44.5% rated the facility as suitable; 31% believed that outcome of the procedures is exclusive in Nepal as compared to a overseas international locations. About 23.9% idea public disposition will trade in the event that they underwent the procedures.

Keywords

Allergy, Burns, Surgical Treatment, Beauty, Pigmentation, Dermatological.

Introduction

It is not simplest constrained to developed international locations, however also in growing countries, a developing subject of human beings about their look is palpable. This had led to an upward thrust in beauty tactics round the world; in United States, as an example, 11.7 million beauty techniques are executed yearly, of which majority are minimally invasive. In Asia, India and China have the largest beauty surgical treatment market [1].

The objective of this have a look at turned into to realize the knowledge and awareness of beauty dermatological strategies amongst medical examiners in a clinic putting. The study institution

Citation: Matzinger P (2021) Awareness of Cosmetic Dermatology Procedures among Health Workers in a Tertiary Care Hospital. *Clin Dermatol Res J* 6:6.

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Received: October 23, 2021 Accepted: November 08, 2021 Published: November 15, 2021

included medical doctors, nurses, clinical students, and ward maids/ assistants to assess their knowledge, mind-set, and perception of beauty dermatological procedures. The questionnaire had 3 elements: the first part assessed biodata and the second assessed the knowledge and attention of cosmetic dermatological approaches, while the third element assessed the attitude and disposition of the respondents to cosmetic dermatological processes.

About 51% were aware about risks associated with methods, consisting of hypersensitivity, burn, and pigmentation. About 12.9% have been frightened of beauty dermatological hazard to be more than surgical approaches, whilst forty seven.1% denied and the rest did now not respond [2].

The majority (about 50.3%) of respondents did now not know in which these strategies were being completed, while of the 31% who knew, 20.6% claimed those services to be available in Kathmandu most effective, 17.4% in Kavre, and 3.9% in Lalitpur. They rated the ability as properly in forty four.5%, common in forty.6%, splendid in 7.1%, and awful in 1.3%, and the rest did now not respond [3].

When requested of the facilities inside. forty four.5% replied the centres are exact as compared to forty seven.4% within the Nigerian take a look at. The majority (fifty three. Five %) of the respondents agreed that the beauty strategies were executed by means of dermatologists; whereas within the Nigerian have a look at, seventy five.1% respondents agreed that the cosmetic tactics have been carried out via plastic surgeons [4]. About 58.1% thought it's miles important to do tactics as compared. Three% by using about 23.9% notion people disposition will exchange if they do the strategies. About 11.6% concept otherwise and have been anxious of its terrible effect. It became socially applicable according to fifty three.5% and no longer in thirteen.5%, the principal reasons being social taboos, unawareness, and lack of awareness, publicity, and so forth [5].

Conclusion

Further population-based totally have a look at primarily based within the network have to be achieved with more recognition program about the forte in healthcare device and in platform, inclusive of social media, establishments, and community.

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