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**Yasser's maneuver for regaining the consciousness in the psychogenic coma: A novel maneuver in emergency medicine and psychiatry****Yasser Mohammed Hassanain Elsayed***Researcher at Egyptian Ministry of Health, Egypt*

**Statement of the problem:** Psychogenic coma, generally is one of the most anxious and irritant problems in clinical medicine for all medical practitioners. Using recurrent painful or mischievous stimuli is contraindicated in a psychogenic coma.

**Method of study and patients:** My study was technical, prospective, observational, and interventional for 321 cases. The study was conducted in a physician outpatient clinic, Fraskour Central Hospital, and Ras-Al-bar Central Hospital. The author reported the 321 cases of psychogenic coma over nearly 5 years and 7-months, started from August 07, 2015, and, ended on March 07, 2021. Three selective groups were included in the study. Three groups were selected and evaluated for safety or complications and efficacy or responses.

**Suggesting hypothesis:** Yasser's maneuver can be regaining the consciousness in a psychogenic coma. The research objectives to evaluate this hypothesis might include: What is psychogenic coma? What is Yasser's maneuver? How can Yasser's maneuver do improvement of psychogenic coma? Is the study supported by past publicized literature studies?

**Results:** The range of age in the study was 16-55 years with an insignificant P-value (0.231). There is a female sex predominance for all groups (67%). The response for the group I was: (97.35%) vs. (85.85%) in group II, and (81.37%) in group III. The most common associated risk factor was psychogenic hyperventilation syndrome (HVS); in the group, I was 79.6%, in group II was 78.4%, and in group III was 96.2±1.7 with no statistical significance (P-value 0.74).

**Conclusions:** The author concluded that Yasser's maneuver is easy, available, quick, non-costive, time-saving, and extremely safe in the psychogenic coma. Very few and mild few mild complications for this maneuver encourage the generalizing use in the psychogenic coma.

**Biography**

Yasser Mohammed Hassanain Elsayed, a scientist, critical care physician, cardiologist, and independent researcher at Egyptian Ministry of Health. Publicized articles. Innovations; "Signs", "Phenomena", "Modification", "Maneuver", "Method", "Test" and "Syndrome". Speaker; International conferences. Reviewer; 233 articles for 79 Journals. Honourable editor; (270) Journals. International Conferences OCM; Instructor; (8) official and (88) non-official. COVID-19 publicized articles; got 41 Prizes nomination; Breakthrough Prize, Einstein Prize, Abdul Hameed Showman Award for Arab Researchers, and ESICM Awards. Excellence certificate (more than 120). The most famous articles are; 1. Wavy Triple an Electrocardiographic Sign (Yasser's Sign). 2. Wavy double an Electrocardiographic Sign (Yasser's Sign).