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James F Zender

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Understanding chronic pain: The mind-body connection

This presentation will highlight some recent advances in the role of belief in chronic pain from the mind-body-trauma perspective. Topics of placebo (or remembered wellness), flow studies and polyvagal theory and their implications for chronic pain management will be emphasized.

Biography

James F Zender is a clinical and forensic psychologist and psychotherapist whose practice focus is evaluating and treating patients recovering from auto and occupational injuries involving PTSD, TBI, depression and chronic pain.

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