

International Conference on
**ALZHEIMERS, DEMENTIA AND RELATED
NEURODEGENERATIVE DISEASES**
December 03-04, 2018 Madrid, Spain

Establishing the first specialized clinic for dementia and Alzheimer's disease in Sudan

Mohamed Abdalhameed Alnor^{1, 2}

¹Sudan International University, Sudan

²University of Khartoum, Sudan

Sudan is one of the largest countries in Africa. It was estimated that around 3.27% of the total population-37,345,935 are 65 years old or over. Neither the prevalence of Alzheimer's disease in Sudan nor of the dementia is reported. However, it is well-known that 2.4% of the Africa population is suffering from dementia and Alzheimer's disease is found to be the main cause (57.1% of the cases). There are no specialized geriatric medicine or old age psychiatric clinics in Sudan. Most of the cases of dementia are treated by the neurologists and the general adult psychiatrists, either in the public hospitals or the private clinics. In September 2018 we established the first specialized clinic for dementia and Alzheimer's disease in Sudan. The clinic is an outcome of a collaborative work between Antalya medical center, Maria charitable association for care and rehabilitation of patients with Alzheimer's disease, Tabouk Pharmaceutical Company-Sudan and a volunteer psychiatrist, neurologist and physiotherapist, and expert advice from a Sudanese old age psychiatrist and a geriatric's medicine physician, working in the United Kingdom. The result of these humble endeavors has been shown for exchange, picking up the best from alternate encounters and setting up a global community oriented work.

mohamedhameed11@gmail.com

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