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A case study in Alzheimer's disease

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A case study of a 64-year-old female presents with indications of absent mindedness that compound after some time. Presently the specialist must choose when an analysis of Alzheimer's illness ought to be made, how the family ought to be told and what support can be offered to the caregiver who will deal with the lady in this illness.

History: Mrs. Maria 64 -year-old Sudanese female, a teacher her family history includes her father with dementia who is in his 70s. on 2005 she had chronic low back pain extending to the lower extremities she had also neck pain which diagnosed as malignant lymphoma with Central Nervous System (CNS) involvement she received chemotherapy biological engineering drug Rituximab injection and radiotherapy during the year of 2005 and 2006. She was followed up by oncology since then. Mrs. Maria started to have gradual memory impairment and deterioration of her cognitive function during her chemotherapy on 2006 her recent memory was mainly affected more than the remote one. She was slightly better after finishing the chemotherapy and she was able to recognize her children and family members. She was still forgetting things and gradually her memory deteriorated more including both recent and remote ones, she would forget how to pray and that she had her meals. Mrs. Maria was also having nervousness, irritability, insomnia, easily upset and feeling sorry for her. She would get upset and cry when she was reminded about what she forgets. She would think that they are blaming her. She started to be suspicious and having persecutory ideas, accusing them that they are stealing her things. Mrs. Maria's cognitive function continued to deteriorate more gradually she reached recently the level of not being able to communicate well or express herself or understand the meaning of the conversation. She was not able to recognize her family members or relatives. Her discourse ended up slurred with no reasonable words or importance. Mrs. Maria is reassessed, and she reports that her memory disability has exacerbated and is currently humiliating her. She has quit working in a school and her family watched her to be worse tempered and anxious. Our painful feeling as family that Maria suffered from symptoms of Alzheimer's disease has become a major cause of establishing the Maria charitable association for Alzheimer's patients.

Biography

Abrar Nadir Aljaily is currently a MBBS student in Nile University, Sudan and she is also a Member of Maria Charitable Association for Alzheimer's patients.

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