

International Meeting on

TRADITIONAL & ALTERNATIVE MEDICINE

July 23-24, 2018 | Osaka, Japan



Farid Mokhtari

Beijing University of Chinese Medicine, China

Why an acupuncturist should know Acupotomy and 针刀

Although I believe that most of patients that come to TCM clinics and don't have any complaint of pain can be cured by acupuncture, but in the other hand there are many patients come to our clinics that have anatomical and physical pain in their body in these patient acupotomy and 针刀 can help to manage the pain and results are very good. Acupuncture treats diseases by puncturing certain points of human body with filiform needles to induce stimulation by various manipulation methods: twirling and twisting, rotating fling and thrusting. According to the theory of traditional Chinese medicine disease develops when the balance of Yin and Yang is upset and Qi is stagnated in the meridians. Points are spots on the body surface where the vital Qi is a cumulated. The effect of acupuncture is dredging the meridians, but acupuncture has no effect of combing, separating and loosening. Knife needle applied on the points by separating, combing and loosening, can also have effect of dredging the meridians, regulate the vital energy and cause the more effective response to be produced than acupuncture does, so as to eliminate the diseased conditions more promptly. The knife needle can do what the filiform needle can. According to my searches nowadays many acupuncturists often use knife needle instead of filiform needles in their clinical practice. They believe that knife needle can give much more therapeutic effects. It is through the test of practice that knife needle therapy is proved effective and is in keeping with scientific principle.

Workshop Out lines

- Why acupotomy
- Introduction
- Indications AND Contraindications
- Mechanisms of action
- which pathogenesis can be treated
- Clinical manipulation
- Precautions
- The superiority of needle knife therapy

Introduction: Acupotomy is the novel medical device and technology which is derived from the combination of the acupuncture needle with the surgical knife to treat soft tissue trauma characterized by severe Pains of neck, shoulder, back, buttock arm or leg. Using acupotomy the doctors can remove tissue adhesion of trauma resulting in the improvement of the local circulations that pain is released. Acupotomy converts open surgery to closed surgery to reduce side-effects and complications using 14 categories and 33 kinds of patented acupotomy instruments. In clinic, acupotomy has a set of comprehensive procedures for diagnosis, treatment, and care. There are currently more than one hundred thousand acupotomy practitioners

International Meeting on

TRADITIONAL & ALTERNATIVE MEDICINE

July 23-24, 2018 | Osaka, Japan

in Western Medicine and TCM in China. Prof. Hanzhang Zhu widely reviewed the Chinese and Western medical literature to develop acupotomy. The "Nine Needles" recorded in the Ling Shu Jing, were combined with the modern surgical scalpel to create a bladed needle that is able to reach lesions deep inside the body and perform proper procedures like cutting and peeling. The treatment effects have positive clinical application to chronic soft tissue injury, bone, and joint diseases. Acupotomy has not only achieved the target treatment effects, but also avoided the side effects of open surgery. Because the tool is a combination of acupuncture needle and surgical scalpel, it was named a "small needle scalpel." Also it has another name "knife needle." Acupotomy strips adhesions, releases contractures, clears blockages, and is characterized by

smaller wounds, fewer complications, higher safety, lower cost, and significant treatment efficiency. The knife needle therapy, which combines traditional Chinese medicine and Western medicine, is a new method resulting from the primary summarization of a great deal of clinical practice guided by dialectical materialism on the basis of the latest achievements in treating the injuries of soft tissues bones and joints. It is an integration of acupuncture therapy and surgical management, though different from them Merging the acupuncture needle and surgical scalpel into a single whole, the knife needle can possess the healing effects of the two treatments simultaneously, and as a result, it may provide an answer to the vexatious problems in therapeutics.

Biography

Farid Mokhtari is an acupuncturist and general practitioner in Tehran, Iran. He was invited as a lecturer to the Tehran University of Medical Science for numerous medical-related workshops. Dr Mokhtari is the inventor of the first "High definition digital video endoscope" and Family Physician in Iran. He has also given poster presentations at international medical conferences and published articles and in the field of medicine

farid.mokhtari@yahoo.com

Notes: